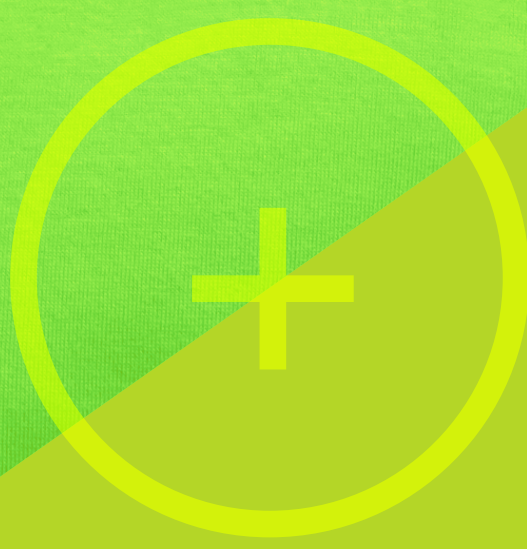
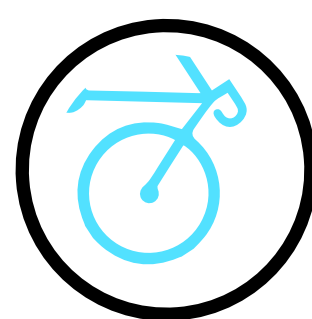




**CENTRUM
VOOR VERANTWOORD
GOKKEN**



**BET
YOU
CAN!**

Safer betting

What does gambling cost you? **Stop in time. 18+**

TIPS FOR SAFER BETTING



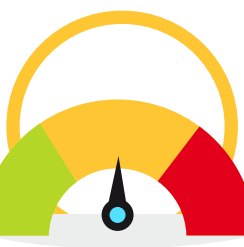
Bet for fun

Not because you think you have to.



Before you start betting, decide how much you want to spend

Only play with money you can afford to lose.



Sports betting is a game of chance

Your knowledge about sports does not increase your chances of winning.



Take your lose

Lost a bet? Don't try to win it back by betting more.



Don't combine too many sports matches

Don't place too many bets at the same time.



Only play with legal bookmakers

Avoid the risk of not getting paid. Check the bookmakers' websites to see whether they have the word mark of the 'Kansspelautoriteit'.



Be honest about how often you bet and how much you spend betting

Make no secret of the fact that you are placing a bet.



If you notice that you are losing control over betting, seek advice

Do you want to know where you can ask for help? Check our web page 'Help with gambling problems'.

[CHECK THIS PAGE](#)

MORE INFORMATION?
CHECK OUR WEBSITE

[CLICK HERE TO VISIT OUR WEBSITE](#)

I HEREBY DECLARE...

I bet a maximum of

times per month

My budget is a maximum of

per month

Explanation: Fill in the details below. Determine the betting period per section by entering the from-to date. In the fields 'won' and 'bet', you enter what you have won and bet in total within the declared time frame. The result will be calculated automatically. At the end of the document the total you have won or lost is calculated.

This can also be a minus amount.

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Date		Notes (optional)	
FROM:	-	TO:	
Won	Bet	Result	
€:	⊖	€:	⊕
		€:

Total win or loss			
€:		


MORE INFORMATION about safer betting?

[CLICK HERE TO VISIT OUR WEBSITE](#)

Contact & advice

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